

**TFCAofGP**  
**Lehigh University**  
**11-Dec**

<b>Mile</b>	Abdul Ali	5:04.61	
<b>3000M</b>	Andrew Nitz	9:50.27	
<b>4x800</b>	Kevin Behan	2:29	
	Hasan Ghazzawi	2:31	
	Nate Wahner	2:29	
	Gregory Dix	2:25	9:58.79
<b>DMR</b>	Andrew Thompson	3:33	
	John Keaton	64.9	
	Jamol Williams	2:16	
	Preston Kagiri	5:11	12:06.7
<b>Shot Put</b>	Praduman Singh	48' 3"	<b>2nd</b>
<b>Pole Vault</b>	Chris Davis	11' 0"	<b>3rd</b>

**TFCAofGP**  
**Lehigh University**  
**23-Dec**

<b>F/S 4x800</b>	Nate Wahner	2:21.1	
	Gregory Dix	2:14.5	
	Chris Yashin	2:17.7	
	Hasan Ghazzawi	2:28.7	9:22.18 <b>3rd</b>
<b>60M</b>	Suncarly Winpea	7.62/ 7.64	<b>6th</b>
<b>200M</b>	James Pham	DQ	
<b>400M</b>	Julius Brewington	55.17	
<b>800M</b>	Andrew Thompson	2:09.73	
<b>Mile</b>	Adrian Reist	4:38.54	<b>2nd/ MOC</b>
<b>4x800</b>	Andrew Nitz	2:07	
	Yovanys Domingiuez	2:09	
	Jamol Williams	2:12	
	Abdul Ali	2:11	8:41.42
<b>4x200</b>	Manfred Etienne	24.7	
	Marvie Kabbah	24.9	
	Cory Harrison	24.4	
	Andre Henry	24.1	1:38.31
<b>4x400</b>	Shua McLean	58.0	
	Kamile Forbes	58.3	
	Duchen Hodge	58.7	
	Demetrius Laster	59.8	3:54.83
<b>Shot Put</b>	Andrew LeSage	28' 6"	
<b>Long Jump</b>	Anthony Mitchell	14' 9.5"	
<b>Triple Jump</b>	Wellington Zaza	42' 0.75"	<b>3rd/ MOC</b>

**TFCAofGP**  
**Lehigh University**  
**18-Dec**

<b>F/S 4x200</b>	Anthony Mitchell	27.0	
	Ramsey Kerkula	25.5	
	Glenton Nicholson	29.9	
	Mohamed Barry	28.2	
<b>60HH</b>	Wellington Zaza	8.73/ 8.51	<b>1st State Qualifier</b>
<b>60M</b>	Fabian Beckford	8.01	
<b>3000M</b>	Adrian Reist	9:25.90	<b>4th</b>
<b>4x800</b>	Chris Yashin	2:21	
	Nate Wahner	2:25	
	Andrew Nitz	2:12	
	Abdul Ali	2:13	9:12.53
<b>DMR</b>	Jamol Williams	3:50	
	Manfred Etienne	56.5	
	Andrew Thompson	2:10	
	Yovanys Dominguez	5:08	12:14.61
<b>4x200</b>	Andre Henry	23.9	
	Radean Thompson	28.4	
	Duchen Hodge	25.0	
	Sonkarly Winpea	25.5	1:42.97
<b>4x400</b>	Antoine Brewington	lost	
	Gregory Dix	them	
	Kamile Forbes	sorry	
	Chris Davis	guys	3:57.07
<b>Shot Put</b>	Talal Ahmad	32' 7.5"	
<b>High Jump</b>	Marvie Kabbah	5' 8"	
<b>Pole Vault</b>	Jerry Murphy	NH	

**RJBIC**  
**Lehigh University**  
**30-Dec**

<b>SMR</b>	Marvie Kabbah	54.6	
	Andre Henry	24.2	
	Suncarly Winpea	24.6	
	Yovany Dominguez	2:12.5	3:56.90
<b>60HH T</b>	Wellington Zaza	8.77	
<b>Mile</b>	Preston Kagiri	5:08.99	
<b>400M</b>	Shua McLean	57.39	
<b>800M</b>	Yousef Mohamed	2:20.23	
<b>4x200M</b>	Andre Henry	23.6	
	Marvie Kabbah	24.0	
	Suncarly Winpea	24.4	
	Wellington Zaza	23.8	1:36.13 <b>6th/ MOC</b>
<b>4x800M</b>	Abdul Ali	2:15.4	
	Greg Dix	2:16.1	
	Jamol Williams	2:17.6	
	Andrew Thompson	2:11.8	9:01.14
<b>4x400M</b>	Dwayne Swann		
	Chris Davis		
	Yovany Dominguez		
	Preston Kagiri		3:58.52
<b>Shot Put</b>	Vishal Singh	51' 0.75"	<b>1st/ States - School Record</b>
<b>Pole Vault</b>	Chris Davis	12' 0"	<b>8th/ MOC</b>

**Glen Mills Relays**  
**Glen Mills HS**  
**6-Jan**

<b>55M T</b>	Julius Brewington	6.67/ 6.63	<b>States Qualifier</b>			
	Antoine Brewington	6.94/ 6.77				
	Soncarly Winpea	7.09				
<b>55HH T</b>	Charles Smith	8.00/ 8.21	<b>New School Record</b>			
	Devan Owens	8.45/ 8.45				
	Manfred Etienne	8.69				
	Chris Davis	8.97				
<b>4x800 AB</b>	Jamol Williams	2:13		Nate Wahner	2:21.8	
	Dwayne Swann	2:19		Gregory Dix	2:15.3	
	Yousef Mohamed	2:18		Chris Yashin	2:16.5	
	Marvie Kabbah	2:15	9:08.50	Ramsey Kerkula	2:15.3	9:08.80 <b>New F/S Record</b>
<b>4x200 AB</b>	Antoine Brewington	24.1		Kevin Coleman	mix	
	Cory Harrison	24.6		Anthony Mitchell	up	
	Julius Brewington	23.2		Samuel Lormeus	because	
	Andre Henry	23.6	1:35.87	Duchen Hodge	of fall	1:55.45
<b>SMR 4228 AB</b>	Kamile Forbes	58.5		John Keaton	64	
	James Pham	26.8		Mohamed Barry	28.8	
	Sonkarly Winpea	25.2		Glenton Nicholson	29	
	Hasan Ghazzawi	2:31.8	4:22.43	Kenyatta Taylor	2:36	4:39.59
<b>DMR AB</b>	Andrew Nitz	3:36		Jamol Williams	3:48	
	Manfred Etienne	55.8		Shua McLean	mix up	
	Andrew Thompson	2:11.5		Charles Smith	because of laps	
	Adrian Reist	5:04	11:48.07	Abdul Ali		12:27.60
<b>4x400 AB</b>	Andre Henry	56.2		Derrek Ly	70	
	Michael Reaves	59.3		Geordon Morgan-Allen	62	
	Shua McLean	56.1		Richie Le	67	
	Marvie Kabbah	57	3:48.98	Richard Lu	63	4:22.30
<b>Shot Put</b>	Andrew LeSage	nd				
	Kaseem Fraser	nd				
	Talal Ahmed	nd				
	Matt Slavin	nd				
<b>High Jump</b>	Cory Harrison	5' 2"				
<b>Long Jump</b>	Anthony Mitchell	12' 11"				
	Wellington Zaza	19' 2.75"				
<b>Triple Jump</b>	Wellington Zaza	43' 1.5"				
	Cory Harrison	41' 2.25"				
<b>Pole Vault</b>	Chris Davis	10' 6"				
	Jerry Murphy	9' 6"				

**TFCAofGP**  
**Haverford College**  
**8-Jan**

<b>200M</b>	Antoine Brewington	24.37	
<b>400M</b>	Richard Lu	61.25	
<b>Mile</b>	Abdul Ali	5:12.31	
<b>4x800</b>	Geordon Morgan-Allen	2:24.1	
	Nate Wahner	2:23.8	
	Dwayne Swann	2:20.1	
	Kevin Behan	2:38.6	9:46.33
<b>DMR</b>	Gregory Dix	3:40.2	
	Jamol Williams	57.4	
	Ramsey Kerkula	2:29.8	
	Chris Yashin	5:06.5	12:13.7
<b>4x200</b>	Soncarly Winpea	25.1	
	Wellington Zaza	24.1	
	Micheal Reaves	25.4	
	Charles Smith	24.7	1:39.49
<b>4x400</b>	Julius Brewington	53.6	
	Manfred Etienne	54.5	
	Andre Henry	53.2	
	Marvie Kabbah	55.2	3:36.40 DQ
<b>Shot Put</b>	Andrew LeSage	26' 6"	

**Delcos  
Glen Mills HS  
13-Jan**

<b>DMR</b>	Jamol Williams	3:44.6		
	Ramesy Kerkula	56.1		
	Gregory Dix	2:11.9		
	Abdul Ali	4:56.5	11:49.32	
<b>55M</b>	Anthony Mitchell	7.44		
	Antoine Brewington	6.90		
	Sonkarly Winpea	7.09		
<b>55HH</b>	Charles Smith	8.20/ <b>7.93</b>	<b>States Qualifier</b>	
	Wellington Zaza	<b>7.82</b> / 7.92	<b>School Record</b>	
	Devan Owens	8.60		
<b>F/S 1600M</b>	Hasan Ghazzawi	5:31.03		
<b>1600M</b>	Adrian Reist	4:39.36		
	Chris Yashin	5:03.63		
<b>4x200M</b>	Andre Henry	24.0	Anthony Mitchell	
	Julius Brewington	23.8	Mohamed Barry	
	Wellington Zaza	24.4	Kevin Coleman	
	Antoine Brewington	23.2	Soncarly Winpea	
		1:35.35		1:48.41
<b>400M</b>	Marvie Kabbah	54.39		
	Manfred Etienne	55.61		
	Shua McLean	55.54		
<b>800M</b>	Andrew Thompson	2:08.42		
	Yovanys Dominguez	2:10.84		
	Andrew Nitz	2:11.48		
<b>200M</b>	Andre Henry	23.94		
	Julius Brewington	<b>23.22</b>	<b>State Qualifier</b>	
	Antoine Brewington	24.11		
<b>3000M</b>	Preston Kagiri	10:06.13		
<b>4x800M</b>	Greg Dix	2:13	Tim Le	2:35
	Dwayne Swann	2:23	Nate Wahner	2:22
	Richard Lu	2:29	Derrek Ly	?
	Geordon Morgan-Allen	2:28	Shawn Hale	?
		9:32.03		10:22.91
<b>4x400M</b>	Julius Brewington	53.8	Michael Reaves	60
	Andre Henry	55.2	Adrian Reist	57.2
	Manfred Etienne	54.6	Yovanys Dominguez	59.5
	Marvie Kabbah	55.5	Andrew Thompson	57
		3:39.11		3:54.73
<b>Long Jump</b>	Cory Harrison	19' 5.25"		
<b>Triple Jump</b>	Wellington Zaza	44' 2.25"		
	Charles Smith	39' 11"		
	Cory Harrison	38' 9.5"		
<b>High Jump</b>	Marvie Kabbah	5' 3"		
<b>Pole Vault</b>	Chris Davis	NH		
<b>Shot Put</b>	Praudman Singh	50' 8.5"		
	Talal Ahmed	35' 2.5"		
	James Pham	34' 1"		

**Judge Shot Series**  
**10-Jan**

<b>Shot</b>			<b>School Record</b>
	Praduman Singh	51' 4"	
	Talal Ahmed	36' 2.5"	
	Matt Slavin	29' 7"	
	Andrew LeSage	27' 3.5"	



**TFCAofGP**  
**Lehigh University**  
**15-Jan**

<b>F/S 4x400</b>	Derrek Ly Geordon Morgan-Allen Kevin Coleman			DQ
<b>60HH</b>	Devan Owens	8.91/8.89		
<b>60M</b>	Wellington Zaza	7.45/ 7.48		
<b>200M</b>	Antoine Brewington	24.13		
<b>400M</b>	Charles Smith	55.67		
<b>800M</b>	Dwayne Swann	2:19.11		
<b>4x800</b>	Greg Dix Ramsey Kerkula Jamol Williams Andrew Nitz	2:12.5 2:13.9 2:13.2 2:07.6	DQ	
<b>DMR</b>	Adrian Reist Cory Harrison Abdul Ali Preston Kagiri	3:25.8 55 2:12.8 5:00.4		11:39.43
<b>4x200</b>	Asmir Jean-Baptiste Michael Reaves Duchen Hodge	27.3 25.8 25.9		DQ
<b>4x400</b>	Julius Brewington Andre Henry Manfred Etienne Marvie Kabbah	53.9 55.6 54.2 53.5		3:37.32
<b>Pole Vault</b>	Chris Davis	NH		

**New Balance Games  
Armory**

1/22/11

<b>Shuttle Hurdle</b>	Wellington Zaza			
	Charles Smith			
	Manfred Etienne			
	Chris Davis	31.34	<b>1st/ School Record</b>	
<b>4x200</b>	Andre Henry	23.7		
	Julius Brewington	22.0		
	Wellington Zaza	22.9		
	Antoine Brewington	23.1	1:31.97	<b>7th</b>
<b>4x800</b>	Adrian Reist	2:05.6		
	Andrew Thompson	2:04.9		
	Andrew Nitz	2:08.3		
	Yovanys Dominguez	2:12.8	8:31.09	
<b>4x400</b>	Julius Brewington	53.7		
	Andre Henry	53.4		
	Manfred Etienne	53.5		
	Marvie Kabbah	52.1	3:33.23	
<b>SMR</b>	Charles Smith	54.2		
	Antoine Brewington	23.8		
	Cory Harrison	23.0		
	Adrian Reist	2:04.9	3:46.83	<b>8th</b>
	Andrew Nitz	57.9		
	Marvie Kabbah	23.9		
	Yovanys Dominguez	24.9		
	Andrew Thompson	2:12.6	3:59.73	
<b>Long Jump</b>	Cory Harrison	?		
	Chris Davis	?		
<b>Shot Put</b>	Praduman Singh	48' 6"		
	Talal Ahmed	36' 11.25"		

**Glen Mills Inv  
Glen Mills HS  
3-Feb**

<b>4x800</b>	Preston Kagiri	2:15.3		<b>Pole Vault</b>	Chris Davis	11' 0"		
	Yovanys Dominguez	2:09.5			Jerry Murphy	9' 6"		
	Jamol Williams	2:12.8			<b>Shot Put</b>	Talal Ahmed	NM	
	Abdul Ali	2:14.2	8:52.80			James Pham	NM	
						Kwaseem Fraser	NM	
		Derrek Ly	2:19			<b>Long Jump</b>	Wellington Zaza	19' 7.5"
		Shawn Hale	2:35				<b>Triple Jump</b>	Manfred Etienne
	Tim Le	2:29						
	Hasan Ghazzawi	2:26	9:51.80					
<b>55M T</b>	Antoine Brewington	6.85/ 6.70						
	Andre Henry	6.94						
<b>55HH T</b>	Devan Owens	8.84						
	Chris Davis	8.95						
<b>1600M</b>	Adrian Reist	4:34.38	<b>School Record</b>					
	Andrew Nitz	4:47.85						
	Andrew Thompson	4:53.51						
<b>800M</b>	Nate Wahner	2:27.45						
	Chris Yashin	2:25.55						
<b>4x200</b>	Duchen Hodge	25.0						
	Paul Edwards	25.0						
	Gregory Dix	26.3						
	Devan Owens	26.8	1:43.67					
	Anthony Mitchell	25.8						
	Richie Le	29.5						
	Kevin Coleman	27.4						
Glenton Nicholson	28.3	1:51.58						
<b>400M</b>	Julius Brewington	52.21						
	Antoine Brewington	DQ						
	Shua McLean	53.18						
<b>200M</b>	Cory Harrison	24.07						
	Wellington Zaza	24.77						
	Marvie Kabbah	24.97						
<b>4x400</b>	Cory Harrison	54.5						

**TFCAofGP**  
**Glen Mills HS**  
**29-Jan**

<b>200M</b>	Antoine Brewington	23.67	
<b>800M</b>	Nate Wahner	2:17.53	
<b>Mile</b>	Chris Yashin	5:11.29	
<b>4x800</b>	Adrian Reist	2:04.2	
	Andrew Thompson	2:04.8	
	Andrew Nitz	2:08.3	
	Gregory Dix	2:07.8	8:25.05
<b>4x200</b>	Kevin Behan	27.6	
	Anthony Mitchell	26.0	
	Duchen Hodge	25.2	
	Kevin Johnson	28.0	1:46.86
<b>4x400</b>	Preston Kagiri	59.1	
	Jamol Williams	57.3	
	Abdul Ali	58.6	
	Michael Reaves	56.7	3:51.74
<b>Shot Put</b>	James Pham	36' 9"	
<b>Pole Vault</b>	Chris Davis	11' 6"	

**PTFCA States  
PSU**

**26-Feb**

<b>60HH</b>	Wellington Zaza Charles Smith	8.19/ 8.12/ 8.13 FS	<b>3rd/ School Record</b>
<b>60M</b>	Julius Brewington	7.21/ 7.14/ 7.06	<b>6th/ Ties School Record</b>
<b>200M</b>	Antoine Brewington	22.64	<b>8th/ School Record</b>
<b>4x200</b>	Antoine Brewington Cory Harrison Andre Henry Julius Brewington	22.3 22.3	1:31.34 <b>6th/ School Record</b>
<b>4x400</b>	Manfred Eitenne Andre Henry Charles Smith Marvie Kabbah	51.5 52.9 53.0 51.3	3:29.44
<b>4x800</b>	Andrew Thompson Adrian Reist Greg Dix Yovanys Dominguez		8:47.20
<b>Triple Jump</b>	Wellington Zaza	44' 2.75"	
<b>Shot Put</b>	Praduman Singh	51' 3"	

**Meet of Champs  
Lehigh University  
19-Dec**

<b>4x200</b>	Antonie Brewington Cory Harrison Andre Henry Julius Brewington		1:33.74 <b>5th</b>
<b>60HH T</b>	Wellington Zaza Devan Owens	8.14/ 8.14 8.94	<b>1st/ School Record</b>
<b>Mile</b>	Adrian Reist	4:36.00	
<b>200M</b>	Antoine Brewington	23.03	<b>5th</b>
<b>4x800</b>	Andrew Thompson Andrian Reist Gregory Dix Yovanys Dominguez		8:31.33
<b>4x400</b>	Julius Brewington Andre Henry Manfred Etienne Marvie Kabbah		3:33.11
<b>Shot Put</b>	Praduman Singh	52' 3.5"	<b>4th/ School Record</b>
<b>Pole Vault</b>	Chris Davis	NH	
<b>Triple Jump</b>	Wellington Zaza	45' 2.5"	<b>2nd/ School Record</b>

**PTFCA Track Carnival  
Lehigh Unviersity  
12-Feb**

<b>60HH T</b>	Wellington Zaza	8.33/ 8.30	<b>1st/ School Record</b>
<b>60M T</b>	Antoine Brewington	FS	
<b>200M</b>	Julius Brewington	23.42	<b>6th</b>
<b>4x200</b>	Antoine Brewington	23.0	
	Wellington Zaza	23.2	
	Cory Harrison	23.5	
	Andre Henry	23.4	<b>1:33.29 1st</b>
<b>4x800</b>	Adrian Reist	2:05.2	
	Andrew Thompson	2:06.7	
	Andrew Nitz	2:06.8	
	Gregory Dix	2:10.5	<b>8:29.42 6th</b>
<b>4x400</b>	Julius Brewington	53.1	
	Andre Henry	54.7	
	Manfred Etienne	53.5	
	Marvie Kabbah	53.3	<b>3:34.74 6th</b>
<b>Long Jump</b>	Cory Harrison	21' 5.5"	<b>6th</b>
<b>Pole Vault</b>	Chris Davis	11' 0"	
<b>Shot Put</b>	Praduman Singh	47' 8"	

**Novice Meet  
Lehigh University  
11-Feb**

<b>200M</b>	Paul Edwards	24.17	
<b>3000M</b>	Tim Le	11:18.0	
<b>SMR</b>	Tyrone Gillman	27.8	
<b>2248</b>	Glenton Nicholson	29	
	Demetrius Laster	58.7	
	Kevin Behan	2:28.6	4:24.0
<b>4x200</b>	Richie Le	29.3	
	Asmir Jean-Baptiste	27.5	
	Kevin Coleman	27.9	
	Samuel Lormeus	29.3	1:53.4
<b>4x400</b>	Anthony Mitchell	64	
	Geordon Morgan-Allen	60.4	
	Shawn Hale	66.1	
	Richard Lu	63.9	4:14.3
<b>Shot Put</b>	Matt Slavin	?	