

**TFCAofGP**  
**Lehigh University**  
**17-Dec**

<b>F/S 4x200</b>	Robert Wilson	27.9	
	Elijah Pharaon	27.9	
	Richie Le	28.7	
	William Johnson	29	
<b>60M</b>	Fabian Beckford	7.69	
<b>800M</b>	Jaspreet Singh	2:11.89	
<b>Mile</b>	Kaleb Anthony	5:25.10	
<b>4x800</b>	Andrew Thompson	2:07	
	Ramsey Kerkula	2:08	
	Greg Dix	2:06	
	Jamol Williams	2:07	8:30.63
<b>DMR</b>	Kevin Hong	3:41	
	Kamile Forbes	57.0	
	Tom Nguyen	2:31	
	Nate Wahner	5:19	12:29.74
<b>4x200</b>	Nabil Ullah	29.3	
	Jean Augustin	29	
	Emmanuel Banda	27.4	
	Greg Jones	27.7	1:54.17
<b>4x400</b>	Jeff Vent	60	
	Anthony Mitchell	61	
	Ronald Neal	65	
	Kareem Avery	56.6	4:04.31

<b>Shot Put</b>	James Pham	34' 6.5"
<b>Long Jump</b>	Glenton Nicholson	17' 5.5"
<b>Triple Jump</b>	Jason John	38' 5.25"
<b>Pole Vault</b>	Filimon Mulat	NH

**TFCAofGP**  
**Lehigh University**  
**10-Dec**

<b>60M</b>	Anthony Hill	7.84	
<b>200M</b>	Anthony Mitchell	27.32	
<b>400M</b>	Joe Gbodai	70.33	
<b>800M</b>	Kaleb Anthony	2:24.59	
<b>Mile</b>	Kevin Behan	5:34.23	
<b>3000M</b>	Jaspreet Singh	9:59.57	
<b>4x800M</b>	Nate Wahner	2:17	
	Kevin Hong	2:17	
	Richard Lu	2:23	
	Tom Nguyen	2:30	9:33.48
<b>DMR</b>	Jamol Williams	3:32.2	
	Ramsey Kerkula	56.1	
	Greg Dix	2:09.3	
	Andrew Thompson	4:53.2	11:34.06
<b>4x200M</b>	William Johnson	29.2	
	Jean Augustin	28.6	
	Emmanuel Banda	29.3	
	Greg Jones	29.1	1:55.63
<b>4x400M</b>	Glenton Nicholson	62	
	Jeff Vent	62	
	Filimon Mulat	65	
	Nabil Ullah	66	4:19.55
<b>Shot Put</b>	Praduman Singh	57' 8"	<b>1st - School Record</b>
<b>High Jump</b>	Alonzo Harding	5' 6"	
<b>Pole Vault</b>	Chris Davis	11' 6"	

**RJBIC**  
**Lehigh University**  
**29-Dec**

<b>SMR</b>	Jason John		24.4	
	Fabian Beckford		24.9	
	Greg Dix		55.7	
	Ramsey Kerkula		2:11	3:56.57
<b>60HH T</b>	Devan Owens	8.95/ 8.88		<b>3rd</b>
<b>60M</b>	Soncarly Winpea		7.49	
<b>400M</b>	Shua McLean		54.46	
<b>800M</b>	Andrew Thompson		2:06.55	
<b>4x200M</b>	Devan Owens		26.3	
	Jason John		24.7	
	Fabian Beckford	hurt		
	Soncarly Winpea		24.4	1:51.48
<b>4x800M</b>	Greg Dix		2:06	
	Jaspreet Singh		2:12	
	Nate Wahner		2:16	
	Kevin Hong		2:17	8:54.90
<b>4x400M</b>	Chris Davis		56.3	
	Shua McLean		54.8	
	Ramsey Kerkula		55.0	
	Andrew Thompson		55.6	3:42.05
<b>Shot Put</b>	Praduman Singh	59' 4.75"		<b>1st/ School Record -- current #1 Nationally)</b>
<b>Pole Vault</b>	Chris Davis	13' 0"		<b>4th/ School Record</b>

**TFCAofGP**  
**Lehigh University**  
**23-Dec**

<b>F/S 4x800</b>	Tom Nyugen	2:27.2	
	Kevin Hong	2:16.9	
	Nabil Ullah	2:28.1	
	Toby Matthew	2:29.1	9:40.90 <b>6th</b>
<b>60HH</b>	Devan Owens	9.20/ 8.93	<b>1st</b>
<b>400M</b>	Alex Has	68.50	
<b>800M</b>	Andrew Thompson	2:05.03	<b>5th</b>
<b>Mile</b>	Jaspreet Singh	4:52.58	<b>5th</b>
<b>4x800</b>	Richard Lu	2:21.8	
	Jeff Vent	2:30.0	
	Tyseen Walker	2:36.0	
	Alex Cong	2:37.0	10:07.09
<b>DMR</b>	Nate Wahner	3:40.6	
	Alonzo Harding	57.0	
	Kaleb Anthony	2:24.8	
	Kevin Behan	5:29.4	12:30.77
<b>4x200</b>	Glenton Nicholson	28.1	
	Malik Honesty	25.9	
	Anthony Mitchell	26.1	
	William Johnson	27.9	1:48.28
<b>4x400</b>	Ramsey Kerkula	55.2	
	Greg Dix	55.9	
	Kamile Forbes	56.5	
	Chris Davis	57.4	3:45.29 <b>6th</b>
<b>Shot Put</b>	Tyreek Green	40' 9"	<b>6th</b>
<b>High Jump</b>	Cecil Simpson	5' 8"	<b>4th</b>
<b>Long Jump</b>	Jason John	17' 6.25"	
<b>Pole Vault</b>	Filimont Mulat	9' 0"	

**Glen Mills Relays**  
**Glen Mills HS**  
**5-Jan**

<b>55M T</b>	Fabian Beckford	7.22				
	Soncarly Winpea	7.04				
<b>55HH T</b>	Chris Davis	8.79				
	Anthony Mitchell	10.67				
	Devan Owens	8.88/ 8.26				
	Malik Honesty	10.45				
<b>4x800 AB</b>	Nate Wahner	2:16			Shua McLean	2:18
	Jeff Vent	2:21			Tom Nguyen	2:29
	Nabil Ullah	2:27			Thurston Lu	2:49
	Kaleb Anthony	2:22	9:29.15		Kevin Hong	2:20 9:58.74
<b>4x200 AB</b>	Kamile Forbes	26.1			Joe Gbodai	29.2
	Jason John	25.3			Greg Jones	26.9
	Fabian Beckford	24.5			William Johnson	28.3
	Soncarly Winpea	24.6	1:41.17		Robert Wilson	26.5 1:51.61
<b>SMR AB</b>	Glenton Nicholson	63.4				
	4228 Anthony Mitchell	25.8				
	Malik Honesty	25.8				
	Derrek Ly	2:41	4:36.81			
<b>DMR AB</b>	Andrew Thompson	3:24			Kevin Behan	4:02
	Ramsey Kerkula	55.6			Tysheen Walker	62
	Jamol Williams	2:12.2			Toby Matthews	2:33.8
	Jaspreet Singh	4:51	11:24.99		Alex Has	5:57 13:36.54
<b>4x400 AB</b>	Greg Dix	56.8			Devan Owens	
	Shua McLean	52.66			Jawan Hunter	75
	Alonzo Harding	55.5			Anthony Hill	62.5
	Jamol Williams	56.2	3:41.71		David Peascheck	04:32.6
<b>Shot Put</b>	Talal Ahmed	33-02.5				
	Andrew LeSage	27-07.0				
	Joe Dorsaneo	24-04.5				
<b>Long Jump</b>	Kamile Forbes	Foul				
	Glenton Nicholson	13-11				
<b>Triple Jump</b>	Jason John	36-10				
<b>Pole Vault</b>	Chris Davis	12				
	Filimon Mulat	NH				

**TFCAofGP  
Haverford College  
7-Feb**

<b>F/S DMR</b>	Kevin Hong	3:38.6	
	William Johnson	68.8	
	Nabil Ullah	2:25.6	
	Tom Nguyen	5:28.6	12:41.4
<b>60HH</b>	Malik Honesty	10.85	
<b>60M</b>	Deshon Pace-Robinson	7.53/ 7.47	
<b>200M</b>	Soncarly Winpea	24.85	
<b>400M</b>	Jean Augustin	65.91	
<b>800M</b>	Greg Dix	2:05.52	
<b>Mile</b>	Jamol Williams	4:54.09	
<b>3000M</b>	Andrew Thompson	9:43.62	
<b>4x800</b>	Toby Matthews	2:26.7	
	Mehidi Hasan	2:49.7	
	Tommy Tran	2:38.1	
	Iftekhar Rahman	2:51.1	10:40.02
<b>DMR</b>	Ramsey Kerkula	3:35.1	
	Jaspreet Singh	58.9	
	Alonzo Harding	2:12.9	
	Kaleb Anthony	5:43.9	12:31.10
<b>4x200</b>	Eric Anderson	28.6	
	Filimon Mulat	28.9	
	Richie Le	29.4	
	Joe Gbodai	28.5	1:55.64
<b>4x400</b>	Harjap Uppal	65.5	
	Alex Carroll	88.1	
	Shawn Hale	75.8	
	Simy Singh	93.4	5:21.80
<b>Shot Put</b>	Brooker, Dasjohn	26 '4"	

**Delcos  
Glen Mills HS  
12-Jan**

<b>DMR</b>	Kaleb Anthony Kamile Forbes Nate Wahner Kevin Hong	3:53.9 57.4 2:18.0 5:02.7	12:13.33		
<b>55H T</b>	Devan Owens Malik Honesty Anthony Mitchell	8.42/ 8.23 11.16 10.11			
<b>55M T</b>	Soncarly Winpea Fabian Beckford Deshon Pace-Robinson	7.05 7.09 6.91			
<b>F/S 1600M</b>	Toby Mathew	5:34.47			
<b>1600M</b>	Jaspreet Singh Kevin Behan	4:53.86 5:23.47			
<b>4x200M</b>	Soncarly Winpea Fabian Beckford Jason John Deshon Pace-Robinson	28.2 24.6 25.0 24.2	1:42.45	Cecil Simpson Greg Jones Jean Augustin Anthony Mitchell	26.6 27.8 28.0 26.0 1:47.80
<b>400M</b>	Alonzo Harding Ramsey Kerkula	56.32 55.35			
<b>800M</b>	Andrew Thompson Greg Dix Jamol Williams	2:06.51 2:08.69 2:07.12			
<b>200M</b>	Fabian Beckford	25.07			
<b>3000M</b>	Alex Has	10:35.53			
<b>4x800M</b>	Jeff Vent Nabil Ullah Tom Nguyen Derrek Ly	2:24.1 2:28.8 2:30.2 2:45.5	10:08.85		
<b>4x400M</b>	Ramsey Kerkula Andrew Thompson Greg Dix Jamol Williams	54.9 55.2 55.9 58.8	3:44.96	Devan Owens Deshon Pace-Robinson Malik Honesty Fabian Beckford	63.0 57.0 57.4 56.4 3:54.05
<b>Long Jump</b>	Cecil Simpson Fred Thorpe	17' 3.5" 19' 5"			
<b>Triple Jump</b>	Jason John Alonzo Harding Fred Thorpe	38' 10" 38' 6" 39' 4.5"			
<b>High Jump</b>	Cecil Simpson	5' 10"			
<b>Pole Vault</b>	Chris Davis	12' 6"			
<b>Shot Put</b>	Praduman Singh Tyreek Green Aleem Dix	57' 11.5" 39' 2" 26' 11"			

**TFCAofGP  
Lehigh University  
14-Jan**

<b>F/S 4x400</b>	William Johnson	64.6	
	David Peascheck	64.9	
	Richie Le	63.1	
	Kamile Forbes	57.2	4:09.71
<b>60HH</b>	Anthony Mitchell	10.79	
<b>60M</b>	Emmanuel Banda	8.05	
<b>200M</b>	Manfred Etienne	24.48	
<b>400M</b>	Jamol Williams	56.39	
<b>800M</b>	Jaspreet Singh	2:11.14	
<b>Mile</b>	Kevin Hong	5:00.73	
<b>3000M</b>	Richard Lu	10:28.86	
<b>4x800</b>	Kaleb Anthony	2:42	
	Shawn Hale	2:23	
	Nabil Ullah	2:25	
	Tysheen Walker	2:24	9:38.64
<b>DMR</b>	Nate Wahner	3:34	
	Malik Honesty	57.4	
	Jeff Vent	2:30	
	Alex Has	5:27	12:39.94
<b>4x200</b>	Marvie Kabbah	24.8	
	Fabian Beckford	24.4	
	Deshon Pace-Robinson	24.0	
	Jason John	24.7	1:37.99
<b>4x400</b>	Ramsey Kerkula	56.8	
	Alonzo Harding	52.7	
	Greg Dix	55.5	
	Andrew Thompson	56.2	3:38.68
<b>Pole Vault</b>	Filimon Mulat	9' 0"	
<b>Shot Put</b>	Aleem Dix	26' 5"	

**New Balance Games**

Armory

1/21/12

<b>SHR</b>	Devan Owens		
	Manfred Etienne		
	Chris Davis		<b>2nd</b>
	Fred Thorpe	31.02	<b>School Record</b>
<b>4x200</b>	Marvie Kabbah	23.7	
	Deshon Pace-Robinson	23.5	
	Fabian Beckford	23.5	
	Manfred Etienne	23.5	1:34.29
<b>4x400</b>	Marvie Kabbah	52.5	
	Alonzo Harding	54.0	
	Fabian Beckford	53.9	
	Deshon Pace-Robinson	55.7	3:36.49
<b>4x800</b>	Andrew Thompson	2:02.3	
	Greg Dix	2:05.0	
	Ramsey Kerkula	2:09.0	
	Jamol Williams	2:05.1	8:21.74
<b>SMR</b>	Ramsey Kerkula	24.8	
	Greg Dix	24.9	
	Andrew Thompson	56.1	
	Jaspreet Singh	2:10.0	3:56.44
<b>Shot Put</b>	Praduman Singh	58' 0"	
	Tyreek Green	38' 11.5"	<b>1st</b>
<b>Triple Jump</b>	Fred Thorpe	40' 2"	
	Jason John	39' 1.25"	

**Glen Mills Inv**  
**Glen Mills HS**  
**2-Feb**

<b>4x800</b>	Alonzo Harding	2:08		Kaleb Anthony	2:21.2	
	Jaspreet Singh	2:15.6		Kamile Forbes	2:12.2	
	Kevin Hong	2:18.4		Shawn Hale	2:23.1	
	Nate Wahner	2:11.4	8:55.24	Tysheen Walker	2:24.4	9:21.21

<b>55M T</b>	Cyrus Barlee	7.17
	Jean Augustin	7.67

<b>55HH T</b>	Devan Owens	8.48/ 8.17
	Manfred Etienne	8.54/ 8.10
	Malik Honesty	9.88

<b>1600M</b>	Kevin Behan	5:25.38
	Tom Nguyen	5:25.91
	Nabil Ullah	5:37.71

<b>800M</b>	Jamol Williams	2:11.70
	Kaleb Anthony	2:23.29
	Thurston Lu	2:42.44

<b>4x200</b>	Cecil Simpson	26.0	
	Malik Honesty	25.9	
	Robert Wilson	25.8	
	Cyrus Barlee	25.2	1:42.95

<b>400M</b>	Anthony Mitchell	60.93
	Greg Dix	55.29

<b>200M</b>	Will Johnson	28.38
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<b>3200M</b>	Alex Has	11:18.36
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<b>4x400</b>	Manfred Etienne	53.6		Alonzo Harding	55.4	
	Greg Dix	54.9		Jaspreet Singh	57.0	
	Ramsey Kerkula	55.1		Kevin Hong	62.3	
	Andrew Thompson	54.4	3:38.10	Nate Wahner	55.5	3:50.38

<b>Pole Vault</b>	Chris Davis	13' 0"
	Filimon Mulat	8' 0"

<b>Shot Put</b>	Talal Ahmed	32' 10"
	Joe Dorsaneo	25' 5.75"
	Aleem Dix	27' 10"

<b>Long Jump</b>	Cecil Simpson	20' 5.25"
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**Last Chance Meet  
Lehigh Univesity  
10-Feb**

<b>4x200</b>	Cyrus Barlee	24.0	
	Jason John	25.1	
	Nate Wahner	24.6	
	Fred Thorpe	24.1	1:38.09
<b>DMR</b>	Kevin Hong	3:33.5	
	Malik Honesty	55.5	
	Alonzo Harding	2:07.1	
	Jaspreet Singh	4:50.6	11:27.01
<b>60H</b>	Manfred Etienne	10.14	
<b>60M</b>	Cyrus Barlee	7.38	
<b>4x800</b>	Andrew Thompson	2:02.9	
	Greg Dix	2:05.7	
	Ramsey Kerkula	2:06.5	
	Jamol Williams	2:07.0	8:21.98
<b>4x400</b>	Manfred Etienne	53.1	
	Alonzo Harding	54.4	
	Greg Dix	58.8	
	Ramsey Kerkula	59.2	3:45.76
<b>Shot Put</b>	Tyreek Green	39' 6.5"	
<b>Triple Jump</b>	Fred Thorpe	40' 10.75"	
<b>Pole Vault</b>	Chris Davis	13' 6"	
<b>High Jump</b>	Cecil Simpson	NH	
<b>Long Jump</b>	Cecil Simpson	20' 6.25"	

**PTFCA Track Carnival  
Lehigh Unviersity  
11-Feb**

<b>Pole Vault</b>	Chris Davis	NH	
<b>Shot Put</b>	Praduman Singh	58' 5.75"	
<b>60HH</b>	Devan Owens	8.79	